

## Gazebo Gazette

Greer Management
Services

Volume 4, Issue 8
August 2013

## **Family Visits Can Uplift Aging Seniors**

Yesterday we had a wonderful visit with my nephew and his family, and my niece.

#### Family visit

We had a blast with my daughter and grandson, nephew and his wife and three young girls (one set of twins). My niece met up with them on the way and they all came in together.

The kids had a blast! The twins are two years old now. We first saw them two years ago in August when they were just two months old. It was fun to see how they had grown in the meantime. The oldest is now eight and my grandson is six. What a riot!

Dad did very well and seemed to rise to the occasion. He was pale and withdrawn when they first got there, but later had pepped up and was showing them pictures taken long ago of his mom and dad and some other pictures. They seemed to enjoy it.

#### Why you should consider a visit

I think it is important to let our aging seniors know that they are worth the effort to visit even it means coming from a long distance. They often struggle with loneliness and depression, and having family and longtime friends willing to take the time from their busy schedule to travel many miles just to visit for a couple of hours means a lot. I know my nephew spent to nights on the road, mainly because of the little ones, which included two nights in a hotel. He spent a lot of money and effort, and I'm sure Dad enjoyed the visit. I appreciate the time and effort.

Have you visited an aging parent or relative lately? If not, what is holding you back? I know finances are a problem for many and gas prices in the summer are quite high. I hope you have a chance to visit with people you haven't seen in a while. Not only is it fun, but it is good for the soul!

- See more at: http://www.eldercarecafe.net/family-visits-can-uplift-aging-seniors/#more-5142

Cindy Rapp
Vice President of Operations



#### **Inside this issue:**

## A Note from the Administrator

Recipe of the Month
Stuffed Green Peppers

## Welcome New Residents

# Craig Farms Lyn Bly Adele Randolph Nadine Steele

### Jerseyville Estates Vernon Goodwin

Mason Woods Thyra Wright

Salem Woods
Lillie Mangner

#### Meet the Staff



Amy Dunsing
Housekeeper
Read more about Amy

In August we are taking some of our residents to the local Nutrition sites to play bingo. On the 7th we will be at the Chester Nutrition Site and on the 29th we will be at the Steeleville Nutrition Site. Our staff will be calling bingo and providing blood pressure and blood glucose readings. Many of our residents use to go to the sites and are excited to visit again. On August 28th we have Bruce and Carmen here to entertain us with gospel and country music. On the 29th Tammy Grah from the Chester Library will be here. She will be presenting a slide show about the history on the Chester river front. This is the same presentation that Tammy gave during the Chester Then & Now Historic tour. Our Family Fun Day will be August the 30th at 2pm. Everyone is invited to come out and celebrate our 6th year anniversary! On 8/20/2007 our doors opened for our first residents. We will have cake, ice cream, and music with Tom's Country Classics. Come on out and celebrate with us! - Shelly Bollman





### This Month in History - August

Little Orphan Annie comic strip debuts. (1924)

Animated cartoon Dizzy Dishes premieres, with new star Betty Boop! (1930)

"Smile, You're on Candid Camera". Allen Funt's wildly popular show debuts. (1948)





Betty Haferkamp has spent a lifetime in the dry cleaning business. Born and raised in St. Louis, Betty met her husband to be at the age of sixteen while working in his family's dry cleaning business. They married four years later, in 1947. They continued work in the business and raised a family of three sons and two daughters. In 1975 the Haferkamps moved to Chester and opened Superior Cleaners. They provided dry cleaning service in Chester until they retired from the business in 1985.

Betty moved to The Manor At Craig Farms in 2008 and enjoys the atmosphere and all of the activities it offers. She takes pleasure in attending the ice cream socials, spending time reading and is an avid wii bowling player.

Hello everyone. The month has flown by. The resident's enjoyed the fireworks on July 4th from the front lawn. They were really good this year. We also had a "Gorgeous Grandma" photo shoot on July 19th. The resident's had so much fun dressing up and they looked absolutely beautiful! Check out our facebook page to see the great pictures.

Several residents have been practicing for the skit to be put on July 30th, "Bartholmus Babbage & The Bumbling Bandits". It's going to be really funny and entertaining.

We are getting ready for our Open House August 2nd to celebrate our 2 year anniversary. Hopefully everyone can make it out and enjoy some cake and punch with us.

We have a new "men's group" starting this month.

Marshmallow games and Family Night will be held on August 16th with entertainment by the infamous Joe Powell. We will also be eating out at the new Red Bird Deli restaurant in town on August 30th. Please sign up.

We are getting ready to start painting the building, please bear with us during this project. Thank you to all the residents, families and staff that make Jerseyville Estates home!

Amy Swan



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Mary Howard. Mary was born in Greenfield, IL in 1934. She was married to her husband for 45 years, and had four handsome sons before he passed away. Mary spent her life cleaning houses and working in Resturants, when she was not working she stayed home with her children. Mary's favorite place she has ever went to was Colorado. She now has 7 grandchildren and 5 great grandchildren. When asked what she liked best about living here, she said "I can be lazy now and not have to do anything".

August is once again building up to be busy around the Manor. We will be hosting a quilt show along with the Perry County Home Extension ladies on August 15th from 9pm-3pm. There will be several quilts on display throughout the building and then at 1:30 there will be an old fashioned quilt turning in the dining room.

We will be going to lunch at the Grecian on 8/9/13 and there are several special guests coming to provide entertainment for our residents throughout the month. Family night is scheduled for Friday, August 23 at 5:30. Please come and join your loved one that night. We also love it when our extended family comes for a visit.

There will be a couple times during the month that you'll see us out in our van which received a "facelift" this past month driving around throughout the country side checking out the crops. The month will end with a Sweet Corn and Watermelon Festival on Friday, August 30th at 1:30....yum yum!!!

**Brooke Fox** 





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Rita Iffert resident of the Month at The Manor at Mason Woods. Rita is a avid reader and loves to work word puzzles. She said if you cant live at home anymore then this is the place to be!!!!



Dear Residents, Family, Staff, and Friends of Salem Woods:

Even though this summer has flown by, July was a great month for the folks at the Manor at Salem Woods!

We especially enjoyed the 4th of July week, making special crafts to celebrate our independence! We also celebrated the 4th with a Red, White, and Blue Party! Other special activities of July were: Ladies' Gossip and Goodies, Paint Your Own Flower Pot, Country Roads, Snow Ice Cream Social, Pinata Social, July Birthday Bash, Birthday Bingo, Men's Pies and Lies, Wood Shop, Swap Meet, Community Bingo, Community Breakfast, and lots of Bingo!!!

Too early to tell, but this past week was beautiful autumn weather. Not sure what tomorrow will bring, but we are certainly wishing everyone a very happy month of August!

**Debbie Artis** 



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Doris Payne is Salem Woods' Resident of The Month. Doris is a sweet little lady who is always looking to visit and make new friends. While Doris is still fairly new to The Manor at Salem Woods, she has already made fast friends with the other residents. It is truely an honor to be able to call Doris a friend and nieghbor.



### **Greer Management Services**

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The Manor at Mason Woods 223 Illinois Street Pinckneyville, IL 62274 Phone: 618-357-9770 Fax: 618-357-9774

E-mail: brookefox@nwcable.net

The Manor at Craig Farms 3030 State Street Chester, IL 62233 Phone: 618-826-1400

Fax: 618-826-7022 E-mail: mcfadmin@newwavecomm.net

> The Manor at Salem Woods 441 S. Hotze Rd Salem, IL 62881 Phone: 618-548-8910 Fax: 618-548-8939

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#### **Senior Resources Links**

- AARP
- Alzheimer's Disease Education & Referral
   Center
- <u>Illinois Dept on Aging</u>
- Illinois Health & Wellness

- Illinois Healthcare & Family Services
- <u>Illinois Supportive Living Program</u>
- National Council On Aging
- Social Security
- Senior Corps

Jerseyville Estates is especially designed to assist mature adults in maintaining an independent lifestyle. You'll delight in the many amenities of our community.



The Manor at Mason Woods is an attractive community in a beautiful, serene setting that provides comfort, safety and security for mature adults. We're proud to make The Manor at Mason Woods affordable and we welcome everyone.

The Manor at Craig Farms is located in a beautiful wooded setting and comes complete with a gazebo for relaxation and enjoyable conversation.



The Manor at Salem Woods is a safe, secure environment and we try to eliminate the worries which come with living alone. You and your family will have comfort in knowing that you live in this community—built just for you and your needs.

You'll be proud to call The Manors your new home too!





