

Gazebo Gazette

Greer Management
Services

Volume 3, Issue 11 November 2012

What's in a Name? By Ira Rosofsky, PhD Social Work Today

As a graduate student, I was with a group interviewing elder psychiatric patients at a state hospital when our advisor admonished us not to address any of them familiarly by their first names. "These people are old enough to be your grandparents or even your great-grandparents. So it's Mrs. Smith. Never Sally," he said.

We may have been the first people in ages to call a patient Mrs. Smith, not Sally, and that message of personal respect has stuck with me in the decades of professional practice since my student days.

In my work in eldercare settings, I have tried to stay true to my professor's simple call for respect, even as I remain one of the few people in the life of a present-day Sally to address her as Mrs. Smith. I try to do this when I speak to the staff. "Where can I find Mrs. Smith? She's not in her room," even as the staff may respond, "Oh Sally, she's in the rec room."

If Mrs. Smith asks me to call her Sally, I'll respect that request. For similar reasons, I speak only of residents, never patients. Hospitals have patients; nursing homes have residents.

More generally, respect means we should not slip into "elderspeak," the old-age analog of baby talk. A resident is not a "sweetie," "honey," or "dear."

Kristine Williams, RN, PhD, a gerontologist at the University of Kansas, and her colleagues looked at taped interactions in a skilled nursing facility between staff and residents with moderate dementia. Using a scale measuring resistance to care, Williams found greater resistance among residents when they were addressed with elderspeak and more compliance and cooperation when they were addressed with normal adult conversation.

Although the caregivers may think they are showing affection and nurturance, the residents hear condescension and infantilization. This is not a difficult problem to manage. Williams found that a brief education session—simply increasing staff awareness—reduces elderspeak and increases compliance and cooperation.

Patronizing, condescending, and infantilizing language is only one of the many factors affecting the personal dignity of nursing home residents. It's important to keep elders' dignity in the forefront of our thoughts.

Most of us have at least one door we can close to the world. Older adults in nursing homes have lost that door. They live their lives in public. When a resident closes his or her door, it's often viewed with some suspicion. Sometimes it's even a cause for a referral to me. "Mr. Jones is isolating himself. He closes his door and just sits there all day."

So I go and have a chat with Mr. Jones. "It's kind of noisy with the PA system going off all the time. It makes it difficult for me to catch up on my reading," he says. If Mr. Jones were still independent, some might not approve of him sitting in his house all day reading, but I doubt it would prompt a psychiatric referral.

We must remember that a skilled nursing facility may be our place of employment but for the residents, it's their home and we are their personal staff. If you put that spin on it, then we could think of them as rich folk who are complaining about how hard it is to find good help.

Cindy Rapp Vice President of Operations Greer Management Services, Inc.

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> Salem Woods
> Lucille Black
> Virginia Brewer
> Pearl Griffin
> Dennis Ryker
> Betty See

Employee Spotlight



Carrie Witbracht

Lead LPN

Mason Woods

January 2007

[Read more about Carrie→]

A Note from the Administrator

We took 10 residents out for a wine trip in October to The Buffs. Rita treated them to some cheese, crackers, and some homemade sausages. Liver sausage was the big hit. They left there on a back roading trip to look at the changing leaves and even went to what was called "Little Chicago" where Al Capone had a supposed hideout near Rockwood, IL. There is never a dull moment at the Manor.

One of our dietary cooks, Minta Ellet was the winner of the "Guess how many candy corns are in the jar" contest. We will be doing candy pumpkins next week.

At this writing we are eagerly awaiting trick or treaters. For the 1st time, this year, the city of Chester is advertising for local business' to open their doors during the regular trick or treating hours. We hope we get a large crowd. My office looks like a candy shop!

By resident request, in November, we will start to offer a monthly trip to the local grocery store, Roziers Country Mart. Please check your calendars for the date.

We are excited to host our resident's and their family and friends on November 17th for a Thanksgiving meal. We will be dividing the halls into different meal times so we can manage the crowd. Invitations have been sent out and the times are also on the calendar. Hope you can make it!

Have a Happy Thanksgiving!

Shelley Bollman





This Month in History - November

Cartoonist Thomas Nast depicts Republican party as an elephant in a cartoon in Harper's Weekly. (1874)

President Franklin D. Roosevelt forms the Civil Works Administration to help create jobs for millions of workers unemployed during the Great Depression. (1933)

Direct dial telephone service is first available coast to coast. (1951)







Ed joined our community in January 2011. He is very active volunteering his time. He answers the phones at Craig Farms. He thinks it is funny that he enjoys answering the phones here, because he was fired from an alarm company for not saying the greeting to its entirety, stating., "these people are calling because either their house is on fire or has been burglarized, they don't want to hear a long drawn out greeting!"

Ed is always there to lend a hand for every holiday. Halloween night he will be helping hand out candy to all our little trick r treaters.

A note from the Administrator

Hello and welcome to this cool weather. Halloween is right around the corner and Mr. Winter will be here before we know it. We have been busy this month putting up our Fall / Halloween decorations. The residents have been very busy baking in our cooking club. We donated baked goods to Willow Rose Health and Rehab center for their Pumpkin Festival a couple of weekends ago. All of their proceeds went to St Jude's Children's Hospital.

We now have Jerseyville Nursing and Rehab coming in and being a sponsor for us every Tuesday for our weekly Bingo. Calhoun Nursing and rehab are still coming in once a month and so are Whitehall Nursing and Rehah

Several residents went with activities and ate fried chicken at Woody's in Alton and did some shopping at the Dollar tree after their meal.

We will be trick or treating the young folks on Halloween Night Starting at 6 pm.

Our November Family Night will be Thursday, November 15th from 4 to 7 pm with music by Assperuss Dessperess. We will be serving to all residents and their family members Turkey dinners will all the trimmings.

Hope you have a safe and Happy Halloween !!!! Happy Hauntings,

Dee Jones Life Enrichment Director



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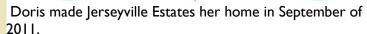
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Resident of the Month

Doris Pranger



She was married to her first husband for 36 years and had 3 children and 9 grandchildren. She was married to her second husband for 15 years and he had 4 children. She has 18 step grandchildren. Doris loves spending time with her family. She says the best job she ever had was raising her kids and seeing her grandchildren grow up. Her birthplace was a little town on the edge of Carrollton, Illinois called Spanky. She says she has wonderful childhood memories of the special little place that she will never forget.

Her favorite pastime is being with friends and family and when they visit or take her out for lunch or on drives to her old homestead.

She says she doesn't have a favorite food. Everything is good.

Her advice to the younger generation is to be kind to older people. You will be there faster than you think.



A Note from the **Administrator**

Happy Fall Y'all!!! This is the most wonderful time of the year in my book. Looking at the trees as I'm driving along is such a blessing to see God's marvelous work firsthand. There are so many exciting things scheduled for the coming up month I ask that everyone please look at the calendar closely. There will be more information coming up about our Family Thanksgiving Day meal which is scheduled for Saturday, November 17th. We look forward to seeing all our extended family that day.

I have a funny story to share with you that my Grandma Norma gave me. I hope it puts a smile on your face. Dear Friends,

It is with the saddest heart I pass on the following: Please join me in remembering a great icon. The Pillsbury Doughboy died yesterday of a yeast infection and complications from repeated pokes in the

Doughboy was buried in a lightly greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Butterworth, Hungry Jack, the California Raisins, Betty Crocker, the Hostess Twinkies and Captain Crunch. The graveside was piled high with flours. As long-time friend, Aunt Jemima, delivered the eulogy, describing Doughboy as a man who never knew how much he was kneaded.

Doughboy rose quickly in show business, but his later life was filled with turnovers. He was not considered a very "smart" cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times, even still, he was a crusty old man and was considered a roll model for millions.

Toward the end it was thought he would rise again, but alas, he was no tart. Doughboy is survived by his wife, Play Dough; two children John Dough and Jane Dough; plus they had one in the oven.

He is also survived by his elderly father, Pop Tart. The funeral was held at 3:50 for about twenty minutes.





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Resident of the Month Suzanne Pierce

Suzanne has lived at the Manor for a year and a half. She was born in France where she met her husband John. They were married for 55 years and had 3 children. Suzanne moved to the United States in 1946. She did office work and dearly loved it. Now she is very active in a exercise program that she participates in 4 to 5 times a week including weight lifting!!!!

A Note From the Administrator

We have a lot to be thankful for this month at The Manor at Salem Woods. The air crisp, the trees are decorated with beautiful leaves and the weather is mild. October was another busy month. The residents and staff had a wonderful time assembling and riding on our Little Egypt Float. Thank you to all that donated time, decorations, or offered support. The residents are still raising money by hosting bake sales and selling puzzles to help two needy families in the Salem community and have over \$750 to contribute to the cause. Invitations have been mailed for our annual Thanksgiving dinner that will be held on Saturday, Nov. 10th, 2012. Last year over 250 people came to share in the celebration and we are hoping to surpass that number this year. Please be sure to RSVP so that our dietary staff prepares enough food. As a reminder, please check out the MSW November calendar for the full list of activities. Family members and friend are encouraged to join in. Please "like" us on Facebook so that you can keep up with the latest news and pictures at The Manor At Salem Woods. Finally, from all of the residents and staff, we want to wish everyone a Blessed and Happy Thanksgiving.

S W Salem Woods

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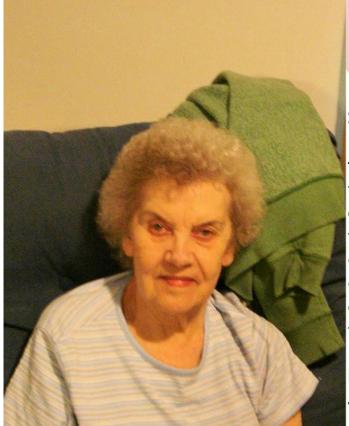
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Kristi Wallace



Resident of the Month Shirley Hall



Shirley Hall is The Manor at Salem Woods' Resident of the Month. Shirley is a quiet but friendly soul. Originally from Louisville Kentucky, Shirley is still adjusting to life in our community. Shirley says that she most enjoys the weekly shopping trips with other residents here at Salem Woods. All of the Residents and Staff would like to officially welcome Mrs. Hall, and let her know that we are thankful to have her as a neighbor and friend. In the weeks and months to come all of us here at The Manor at Salem Woods look forward to getting to know Shirley even better.

Greer Management Services

Jerseyville Estates 1210 E. Fairgrounds Jerseyville, IL 62052 Phone: 618-639-9700 Fax: 618-639-9701 E-mail: jeadmin@gtec.com

The Manor at Mason Woods 223 Illinois Street Pinckneyville, IL 62274 Phone: 618-357-9770 Fax: 618-357-9774

E-mail: brookefox@nwcable.net

The Manor at Craig Farms **3030 State Street** Chester, IL 62233 Phone: 618-826-1400 Fax: 618-826-7022

E-mail: mcfadmin@newwavecomm.net

The Manor at Salem Woods 441 S. Hotze Rd Salem, IL 62881 Phone: 618-548-8910 Fax: 618-548-8939

E-mail: salemwoods I I@yahoo.com

Senior Resources Links

- **AARP**
- Alzheimer's Disease Education & Referral Center
- **Illinois Dept on Aging**
- Illinois Health & Wellness

- Illinois Healthcare & Family Services
- Illinois Supportive Living Program
- National Council On Aging
- Social Security
- Senior Corps

Jerseyville Estates is especially designed to assist mature adults in maintaining an independent lifestyle. You'll delight in the many amenities of our community.



The Manor at Mason Woods is an attractive community in a beautiful, serene setting that provides comfort, safety and security for mature adults. We're proud to make The Manor at Mason Woods affordable and we welcome everyone.

The Manor at Craig Farms is located in a beautiful wooded setting and comes complete with a gazebo for relaxation and enjoyable conversation.



The Manor at Salem Woods is a safe, secure environment and we try to eliminate the worries which come with living alone. You and your family will have comfort in knowing that you live in this community—built just for you and your needs.







